

Project description:

'Voice by Voice' – Personal experiences of the Israeli-Palestinian conflict

This project is for anyone living a life in or related to the Israeli-Palestinian conflict.

The project is an independent private initiative, non-religious, non-political, non-profit, and intended to be a contribution to a basis for peace. There is no financial contribution between the project and the persons participating by being filmed, or vice-versa. The project is started and run by Peter Ulrik Jensen, Denmark (see contact data at end), working towards establishing a team and organisation in the area to continue the project.

The goal is to create and maintain a web site (www.voice-by-voice.org) with 5-10 min.s video clips of people telling a personal experience/event related to the conflict, guided by the tools of Nonviolent Communication (NVC). And to keep adding video clips

The tools of NVC will support the story in being told differently than the common way of communicating in conflict (common elements: opinion, protest, confrontation, blame, judgment, labeling, naming, defining, analysing, focusing on right/wrong and good/bad, justifying, explaining, attempting to convince and "win" the listener, discussing, telling stories, enemy images/fixed ideas, maintaining self image idea, attempting you to get a certain idea of them). Instead of the common way, NVC aims to focus on the subjective experience, through first telling what was done and said in the event, then what feelings the person has now when telling what was done and said, then what basic human need or longing was unmet (or met) for the person in the event, and finally what request for change the person wants to express, and to whom (e.g. the people in power, maybe a specific person in power, maybe a specific person involved in the event, the viewer of this video, the international society,...?) (as specifically as possible, also the requested act).

The person telling his/her story will be supported by an NVC skilled project associate, who also is the listener to and the one video filming the story. The associate will inform the person fully about the project, also give a copy of this description, have a consent form signed, and clarity in that the person at any time can withdraw his/her consent to have the videorecording published (by email), and if so done, the editor of the project will remove it immediately. This is a core value of the project: full consent.

The first 10 videos or more will be recorded before the opening of the web site. With these first videos the aim is to film people who tell their story with high quality, so they can inspire others to tell *their* story. The intention is that after the opening of the web site anyone can ask to be filmed and published on the web site.

Here's a step-by-step plan to how a video is produced:

- 1) A person wants to share a personal experience related to the conflict, and contacts Peter or an associate in the project via the website.
- 2) Peter or associate talks with the person on the phone and decides whether to make an appointment and, preferably, meet in the person's home. Time to talk and connect well and also share the story before filming, is important to practice the NVC focus. The person is fully informed about the project and the consent form (signs afterwards). Perhaps set the camera up some time before filming, so the person is used to it.
The person can choose to be filmed anonomously (shadow on wall (prefered) or back to camera).
- 3) Questions to support the telling:
 - a) When you think of the Israeli-Palestinian conflict, what personal event comes to your heart as most significant? (deep or recent)
 - b) Do you want to share this event with me (and the camera)?
 - c) What did you see and hear / what was done and said in the event?

- d) What do you feel, when you think of what happened?
- e) When you think of what happened, what do/did you long for? (basic human need, or value)
- f) What change do you want to request, and from whom?
(maybe write the questions or the answers on a piece of paper so the person remembers during the filming)
- 4) Free retelling started by "My name is... (and town and date)", and filming.
- 5) Talking and supporting the person after the filming, signing the consent form, and checking if ready to say goodbye.
- 6) Editing the film. Adding subtitles in two languages (English, Arabic or Hebrew) so 2 versions of the film), to ensure equality.
- 7) Uploading the film to the web site.

Vision for the web site: A very simple lay-out. Videos presented in popularity order (to ensure the more touching and inspiring videos are most likely to be seen). Possibility of writing reaction/response to video. Description of the idea and the project, and of NVC and how NVC can guide the story-telling. What to do if inspired to tell own story. Contact info. And more.

Name for project: Voice by Voice

Web address: <http://www.voice-by-voice.org>

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